

Oncology Nursing Treaty

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Tratado de Enfermagem em Oncologia

Tratado de Enfermería Oncológica

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In Oncology, uncounted and complex challenges permeate the professional practice of personalized care to the person with cancer and to its family¹. The discoveries in Oncology are constant and therefore, require a necessity of continuous updating. Through scientific publications, new ideas, new concepts and the entire progress in this area of knowledge become known. Furthermore, sharing experiences is essential to form a better health provider that cares for the patient with cancer and its family. Indeed, Oncology is a fast progress specialization and one of the current major goals is to not only reach the cure, but cure with as less side effects and best quality of life as possible².

In this sense, the mindful reading of the publication entitled “Tratado de Enfermagem em Oncologia” (Oncology Nursing Treaty), edited by Rita de Cássia Veloso da Silva et al., launched in August 2018 by “Editora Chiado Books” – Lisbon, Portugal, stimulates reflections pertinent to the practice in Cancer Care.

The Treaty is a compilation of texts of more than 120 investigators, specialized in Oncology, predominantly from Brazil and Portugal. Also, counts with authors from Spain and Canada. They are respected authors/investigators from national and international reference sites renowned in Oncology and with wide experience in this subject-related researches. The book enables the reader to acquire a comprehensive knowledge about a complex theme and still little explored in countries in development such as in Brazil.

The organization of the Treaty is anchored in the triad: Care, Education/Management and Research in Oncology. The publication is divided in two volumes with 40 chapters. Volume I has 25 chapters, totaling 698 pages, which addresses aspects related to Integral Attention to the Person with Cancer and its Formal and Informal Caregivers. The chapters of volume I aims to deepening in topics related to the oncologic patient care such as: 1) Attention to the family of the person with cancer; 2) The importance of caring in terminality; 3) Ethical problems experienced while caring the person with cancer; 4) The impact of cancer to the patient, family and team under the psycho-oncology perspective; 5) The role of the health team in the communication with the oncologic patient; 6) *Burnout* of oncology healthcare providers; 7) Sexuality and cancer; 8) Spirituality in Cancer Care; 9) Music therapy as intervention in Cancer Care; 10) Experience of cancer survival; 11) Anticipatory and final mourning; 12) Nursing in Chemotherapy; 13) Biosafety in the manipulation of chemotherapics; 14) Radiotherapy; 15) Nursing in transplantation of hematopoietic stem-cells; 16) Safety management of peripheral vascular accesses; 17) Safety management of central vascular accesses; 18) Nursing care to persons with malignant neoplastic injuries; 19) Interdisciplinarity of pain management in Oncology; 20) Cancer in males ; 21) The different dimensions of care to the ill person and its family in Intensive Care Unit; 22) Support and Complementary therapies in Oncology; 23) *Delirium* in the context of Palliative Care; 24) Dehydration if the sick in Palliative Care; 25) Attention to fatigue in the Palliative Care settings.

The volume II of the Treaty consists of 444 pages and has other 15 chapters distributed in two great axis: Education and Management in Oncology (nine chapters) and Research in Oncology (six chapters). In the axis Education and

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Management in Oncology, the following themes are encompassed: 26) The extramural nurse educator; 27) Nursing actions for cancer prevention and control; 28) Action of Nursing in image diagnosis; 29) Competencies of the nurse in oncohematology; 30) Nursing actions in radioiodine therapy; 31) Safety of the patient in oncologic therapeutics; 32) Quality indicators in Oncologic Nursing; 33) Dimensioning of the Nursing staff in Oncology; 34) Accreditation in Oncology.

In the axis of Research in Oncology, relevant and innovative themes are addressed: 35) Nursing Research in Oncology; 36) Integrative Oncology; 37) Integrative and Complementary Therapies in Oncology; 38) Genetic counseling in cancer; 39) Translational research in Oncology; and 40) Psychoneuroimmunology and cancer.

It is realized how comprehensive the present Treaty is. There are more than 1,100 pages. Although extensive, the reading of the chapters is amenable for those who are interested in the subject. The authors use tables and figures to highlight or summarize some important information. They also offer an updated list of references for the reader to consult. All the chapters start listing the objectives, followed by a summary and initial considerations. This structure allows the reader to learn the main topics to be developed throughout each chapter. Most of the chapters present also a section of implications for the practice in Cancer Care and conclusion, which permits the reader to record the essential or more relevant information.

In fact, in every chapter, there are relevant message to be highlighted. I underline a message of the preface of the publication permeated with reflection. The editors write: “[...] *written with many hands as the qualified and sensitive care in Oncology must be*”.

Despite the clinic, the art of diagnosis and treat the ill patients, cannot unlink fully from the experimental speculation of the investigation, which provides scientific evidence for the clinical practice, as important as, is the care to the patient with cancer who will benefit from the discoveries of these investigations¹. Caring is much more comprehensive than curing and even, sometimes, waiving technological sophistications, needs a well-trained, complex interdisciplinary team, and most of all, humanized^{2,3}. In this sense, the multidisciplinary approach is essential for the progress in Oncology. Furthermore, the success of this approach can be seen by the improvement of the survival curves worldwide, including in several Brazilian centers.

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