

Predictive Power of Demographic and Clinicopathological Aspects of Patients with Acral Melanoma: a Single-Center Series Of 394 Cases in Brazil

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Poder Preditivo dos Aspectos Demográficos e Clinicopatológicos de Pacientes com Melanoma Acral: uma Série de 394 Casos em um Único Centro no Brasil

Poder Predictivo de Aspectos Demográficos y Clinicopatológicos en Pacientes con Melanoma Acral: una Serie de 394 Casos en un Solo Centro en el Brasil

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ABSTRACT

Introduction: Acral melanoma (AM) is associated with high mortality and poor survival, and its prognosis is worse compared to other melanoma subtypes. **Objective:** To analyze the predictive power of demographic and clinicopathological aspects in patients with AM. **Method:** This is a retrospective study with patients diagnosed with AM between January 2001 and December 2015. Demographic and clinicopathological characteristics were collected. The outcome was 5-year overall survival (OS). Kaplan-Meier curves, log rank-test and Cox regression analysis were used. **Results:** The study identified 394 patients with AM. The 5-year survival rate for patients with AM was found to be 45.6%. The predictive factors of OS included Breslow thickness [hazard ratio (HR): 1.02, 95% confidence interval (CI): 1.01-1.03], ulceration (HR: 4.06, 95%CI: 2.18-7.57) and lymphovascular invasion (LVI) (HR: 2.12, 95%CI:1.12-4.00). **Conclusion:** The findings highlight the poor prognosis of AM and the predictive power of Breslow thickness, ulceration and LVI. **Key words:** melanoma; hand-foot syndrome; survival; prognosis.

RESUMO

Introdução: O melanoma acral (MA) está associado à alta mortalidade e à baixa sobrevida, e seu prognóstico é pior em comparação com os outros subtipos de melanoma. **Objetivo:** Analisar o poder preditivo de aspectos demográficos e clinicopatológicos em pacientes com MA. **Método:** Estudo retrospectivo com pacientes diagnosticados com MA entre janeiro de 2001 e dezembro de 2015. Foram coletadas características demográficas e clinicopatológicas. O desfecho foi a sobrevida global (SG) em cinco anos. Foram utilizados curvas de Kaplan-Meier, teste de log-rank e análise de regressão de Cox. **Resultados:** Foram identificados 394 pacientes com MA. A taxa de sobrevida em cinco anos para pacientes com MA foi de 45,6%. Os fatores preditivos da SG incluíram espessura de Breslow [hazard ratio (HR): 1,02, intervalo de confiança (IC) de 95%: 1,01-1,03], ulceração (HR: 4,06, IC 95%: 2,18-7,57) e invasão linfovascular (ILV) (HR: 2,12, IC 95%: 1,12-4,00). **Conclusão:** Tais achados destacam o prognóstico desfavorável do MA e o poder preditivo da espessura de Breslow, ulceração e ILV. **Palavras-chave:** melanoma; síndrome mão-pé; sobrevida; prognóstico.

RESUMEN

Introducción: El melanoma acral (MA) está asociado con una alta mortalidad y una baja supervivencia, y su pronóstico es peor en comparación con los otros subtipos de melanoma. **Objetivo:** Analizar el poder predictivo de los aspectos demográficos y clinicopatológicos en pacientes con MA. **Método:** Estudio retrospectivo con pacientes diagnosticados con MA entre enero de 2001 y diciembre de 2015. Se recopilaron características demográficas y clinicopatológicas. El resultado fue la supervivencia global (SG) a los cinco años. Se utilizaron curvas de Kaplan-Meier, prueba de log-rank y análisis de regresión de Cox. **Resultados:** Se identificaron 394 pacientes con MA. La tasa de supervivencia a cinco años para los pacientes con MA fue del 45.6%. Los factores predictivos de la SG incluyeron el grosor de Breslow [razón de peligro (HR): 1.02, intervalo de confianza del 95% (IC): 1.01-1.03], la ulceración (HR: 4.06, IC del 95%: 2.18-7.57) y la invasión linfovascular (ILV) (HR: 2.12, IC del 95%: 1.12-4.00). **Conclusión:** Estos hallazgos resaltan el pronóstico desfavorable del MA y el poder predictivo del grosor de Breslow, la ulceración y la ILV. **Palabras clave:** melanoma; síndrome mano-pie; sobrevida; pronóstico.

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INTRODUCTION

Malignant melanoma, characterized by its aggressive nature, has exhibited a notable increase in incidence rates in recent times. In the United States of America, there were an estimate of 96,480 new cases of invasive melanoma diagnosed in 2019, resulting in 7,230 deaths¹. Acral melanoma (AM) was described by Reed², and it represents one of the four major subtypes. The age-adjusted incidence rate for AM was 1.8 per 1,000,000 person-years³ according to the Surveillance, Epidemiology, and End Results (SEER) 17 cancer registries. Prior data indicate substantial variations in anatomical origin, clinical characteristics, and prognoses among different ethnic groups³⁻⁶. The underlying causes of its pathogenesis remain unclear. Suspected risk factors for the incidence and spread of AM include chemical exposure, traumatic injury, prolonged physical stress, and pressure strength⁷⁻⁹.

AM is associated with elevated mortality rates and poor survival, with a prognosis notably worse when compared to other melanoma subtypes^{3,10-12}. Due to the advanced stage at the time of presentation, several studies have postulated that the diminished survival can largely be attributed to delayed diagnosis^{13,14}. An alternative, and not necessarily conflicting hypothesis suggests that AM may constitute a biologically more aggressive subtype of melanoma. In such a scenario, even early-stage disease could result in a poorer outcome. A study conducted by Bradford et al³ compared patients with AM and non-acral cutaneous melanoma (NACM) using data from SEER database. They discovered that when adjusting to the American Joint Commission on Cancer (AJCC) stage, AM patients exhibited lower survival rates in both stage II and stage III disease^{3,14}.

The understanding of the characteristics and prognosis of AM remains limited, and there is still a substantial knowledge gap in Brazil regarding comprehensive clinical research on AM. This article presents a substantial Brazilian single-institution series of 394 patients diagnosed with AM, aiming to identify demographic and clinicopathological factors associated with overall survival (OS). In this context, investigating the prognostic factors of OS in the AM population can provide valuable insights into the course and characteristics of the disease. Thus, the objective of this study is to analyze the predictive power of demographic and clinicopathological aspects in patients with AM.

METHOD

Conducted as a retrospective hospital cohort study at an oncology referral center in Rio de Janeiro, the study

focuses on the treatment of patients with AM, defined by the anatomic site of the melanoma, specifically focusing on the palmar, plantar, or subungual areas. Eligible participants included patients diagnosed with AM between January 1, 2001, and December 31, 2015, with histopathological confirmation. Patient data was obtained from the Division of Pathology database.

A total of 504 cases were identified during the study period. For cases initially evaluated at another hospital where the biopsy was conducted, slides and paraffin blocks, if available, were reviewed by the Division of Pathology. However, 110 patients were excluded from the analysis for various reasons: 2 were under 18 years of age, 13 were diagnosed with other synchronous or metachronic neoplasms, 39 did not undergo surgical treatment, 59 did not have information on inflammatory biomarkers, and 5 had melanoma “in situ”.

The following demographic variables were collected: age at diagnosis (presented both as a continuous variable and categorized as <60 *vs.* >60 years old); sex (male *vs.* female); and Fitzpatrick skin type (I – pale skin, blue/green eyes, blond/red hair, always burns, does not tan; II – fair skin, blue eyes, burns easily, tans poorly; III – moderately fair skin, tans after initial burn; IV – light brown skin, burns minimally, tans easily; V – brown skin, rarely burns, tans darkly easily; VI – dark brown or black skin, never burns, always tans darkly)¹⁵.

Clinical and pathological variables were also collected: the anatomical location (plantar lesion *vs.* palmar *vs.* subungual), the histological type (superficial spread melanoma *vs.* melanoma nodular *vs.* acrolentiginous melanoma), the thickness of the melanoma was measured in millimeters (mm) as recommended by Breslow¹⁶, (presented continuously, and as a categorical variable (T), “T1” ≤ 1.0mm *vs.* “T2” – > 1.0 – 2.0 *vs.* “T3” – > 2.0 – 4.0 *vs.* “T4” – > 4.0mm). The level of invasion was also presented categorically as proposed by Clark¹⁷, ranging from I to V.

Microscopic ulceration was presented dichotomously as present *vs.* absent, as well as the variable mitosis, lymphovascular and perineural invasion, regression and intratumoral lymphocytic infiltration. The stage at diagnosis was categorized in accordance with the 2018 AJCC guidelines as stages I, II, III, and IV^{18,19} and the sentinel lymph node biopsy (SLNB) was classified as “positive”, when lymph node metastasis was present *vs.* “negative” if not present. For assessing long-term survival outcomes, OS was adopted and calculated from the date of AM diagnosis to either the date of death from any cause or the most recent follow-up for surviving patients. OS was measured in months.

For statistical analysis, the SPSS software version 23.0.0 (Statistical Package for Social Science for Windows,

Inc., USA) was utilized and p value < 0.05 was considered statistically significant.

Proportions were compared utilizing the chi-squared test. To evaluate survival probabilities based on variable categories, Kaplan-Meier curves and the log-rank test were calculated. The Cox proportional hazard model was utilized, with hazard ratio (HR) and 95% confidence intervals (CI) serving as effect measures. Variables demonstrating $p < 0.20$ in the univariate analysis were included in the multiple regression analysis using the stepwise method, and those with p value < 0.05 were retained in the model.

The Institutional Review Board (IRB) of the institution (CAAE (submission for ethical review) 40068514.9.0000.5274), report 3286340 approved the study, in compliance with Resolution 466/2012²⁰ of the National Health Council and Good Clinical Practices guidelines.

RESULTS

The clinical and pathological characteristics of the AM cohort ($n = 394$) are presented in Table 1. Most of the patients were females (58.1%) with ≥ 60 years old (69.5%). Fitzpatrick skin phototypes I and II accounted for 52.8% of the cohort. Among the 394 patients, 70.1% had plantar lesions, 2.0% had palmar lesions, 27.1% had subungual lesions of the foot, and 0.8% had unreported information. The median thickness of the melanomas was 6.0 mm, with the majority of the patients categorized as Clark's level IV (37.6%) or V (33.8%) melanomas. At the diagnosis, most of the females was classified at stages II (45.2%) and III (37.8%).

The proportion of death was higher in AM patients with thicker tumors (T4) (69.5% *vs* 46.6%; $p < 0.001$), in ulcerated lesions (85.2% *vs* 57.1%; $p < 0.001$), in the presence of mitosis (64.0% *vs* 47.6%; $p = 0.029$) and with lymphovascular invasion (22.2% *vs* 12.0%; $p < 0.001$) and it was statistically significant (Table 1).

The Cox proportional hazard models are shown in Table 2. On univariate analysis, Breslow thickness ($p = 0.005$), ulceration ($p < 0.001$), mitosis ($p < 0.001$), lymphovascular invasion (LVI) ($p < 0.032$) and SLN positivity ($p = 0.029$) were all associated with reduced OS. The multiple model demonstrated that Breslow thickness [HR: 1.02 (95% CI: 1.01-1.03)], ulceration [HR: 4.06 (95% CI: 2.18-7.57)] and LVI [HR: 2.12 (95% CI: 1.12-4.00)] are predictive factors of 5-year OS. The 5-year OS rate for all primary AM by TNM AJCC, 2018 classification was (I – 78.2%, II – 53.1, III – 29.7 and IV – 17.6). The median follow-up was 41.1 months (range 0-60). The median OS was 44.4 months (range

1.9-60). The AM 5-year survival rate was 45.6%. The Kaplan-Meier OS curve for patients with AM stratified by AJCC, 2018, showed survival differences between stages and it was statistically significant ($p < 0.001$) (Figure 1).

The Kaplan-Meier OS curves for patients with AM and the presence of ulceration, LVI, and thick melanoma exhibited remarkable survival disparities, and these differences were statistically significant ($p < 0.001$) (Figure 2A, 2B, 2C). AM patients who underwent a SLN biopsy and had a positive SLN had a 47.3 % (95 % CI 37.9-47.4 %) 5-year OS compared with an 64.0 % (95 % CI 49.4-54.2 %) 5-year OS in those AM patients with a negative SLN. The Kaplan-Meier OS curve for patients with AM who were submitted to SLNB ($n = 192$) showed survival differences and it was statistically significant ($p = 0.005$) (Figure 2D).

DISCUSSION

This retrospective multicenter cohort study offered evidence of the prognostic and clinical significance of Breslow thickness, ulceration and LVI in AM. The presence of ulceration at the primary tumor was associated with over a twofold increase in the risk of death from melanoma. Furthermore, the results indicated that a positive SLNB might aid clinicians in identifying patients who could potentially benefit from adjuvant systemic therapy and more intensive surveillance.

This study comprises a patient series from a single institution in Rio de Janeiro, Brazil. The characteristics of the patient group analyzed closely align with those observed in comparable investigations. The male-to-female ratio of 1:1.38 corresponds with findings reported by other authors^{21,22}. In previous studies, no sex difference in AM was detected. The mean age (65.3 years) is quite similar to most of the studies, where the mean age of patients with AM ranged from 57 to 68 years^{23,24}.

Within this cohort, individuals with Fitzpatrick skin types V and VI make up 22.6% of the entire AM population, a higher percentage of these skin types than what is reported in other studies²⁵. Similar to the current research, previous reports have shown that the majority of AM cases occur on plantar sites, with only a minority occurring on palmar sites^{12,26} and nail apparatus melanoma accounted for 27.1% of AM cases, a proportion consistent with findings of other studies^{27,28} indicating that approximately 30% to 35% of AM was subungual.

Numerous AM cases exhibited both considerable thickness and ulceration, aligning with the retrospective literature that characterizes acral tumors in a similar manner^{8,10,12,14}. Just as previous studies have suggested, there could be a significant delay in the diagnosis or treatment of

Table 1. Demographic and clinicopathological characteristics of patients diagnosed with acral melanoma and death in 5-year stratification, between 2001 and 2015 (N=394)

Variables	N (%)	Death (in 5-year)		p value*
		Yes N (%)	No N (%)	
Age at diagnosis (years)				0.737
<60	120 (30.5)	68 (49.6)	69 (50.4)	
≥60	274 (69.5)	123 (47.9)	134 (52.1)	
Sex				0.153
Male	165 (41.9)	73 (44.2)	92 (55.8)	
Female	229 (58.1)	118 (51.5)	111 (48.5)	
Fitzpatrick skin type				0.429
I/II	208 (52.7)	99 (47.6)	109 (52.4)	
III/IV	92 (23.4)	50 (56.2)	39 (43.8)	
V/VI	89 (22.6)	51 (55.4)	41 (44.6)	
Unknown	5 (1.3)	3 (60.0)	2 (40.0)	
Anatomical location				0.665
Plantar	276 (70.1)	148 (53.6)	128 (46.4)	
Palmar	8 (2.0)	3 (37.5)	5 (62.5)	
Subungual	107 (27.1)	50 (46.4)	57 (53.6)	
Unknown	3 (0.8)	2 (66.7)	1 (33.3)	
Breslow (T)				< 0.001
T1	28 (7.1)	6 (21.4)	22 (78.6)	
T2	40 (10.2)	12 (30.0)	28 (70.0)	
T3	80 (20.2)	36 (45.0)	44 (55.0)	
T4	230 (58.4)	141 (61.3)	89 (38.7)	
Unknown	16 (4.1)	8 (50.0)	8 (50.0)	
Ulceration				< 0.001
No	74 (18.8)	17 (23.0)	57 (77.0)	
Yes	282 (71.6)	173 (61.3)	109 (38.7)	
Unknown	38 (9.6)	13 (34.2)	25 (65.8)	
Mitosis				< 0.001
No	38 (9.6)	8 (21.1)	30 (78.9)	
Yes	221 (56.1)	130 (58.8)	91 (41.2)	
Unknown	135 (34.3)	65 (48.1)	70 (51.9)	
Lymphovascular invasion				0.029
No	199 (50.5)	96 (48.2)	103 (51.8)	
Yes	68 (17.3)	45 (66.2)	23 (33.8)	
Unknown	127 (32.2)	62 (48.8)	65 (51.2)	

Caption: N = number of observations.

(*) chi-square test for proportions.

AM patients. Nevertheless, it's important to note that the current study does not explore this particular issue.

The clinicopathologic features of AM revealed a substantial ulceration rate (71.6%) and a notable proportion of Clark level IV and V (37.6% and 33.8%). These findings may help account for the lower 5-year OS

rate (44.4%), especially given that the diagnosis of AM is frequently delayed, and tumor thickness tends to be greater when compared to superficial spreading melanoma (SSM) or lentigo malignant melanoma (LMM). The five-year survival rates for AM reported in China and Japan, where AM is the predominant subtype, were below

Table 2. Predictive power of demographic and clinical-pathological factors in 5-year overall survival in acral melanoma cohort, between 2001 and 2015 (N= 394)

Variables	Univariate (HR CI 95%)	p value	Multivariate (HR CI 95%)	p value
Age at diagnosis (years)	1.00 (0.99-1.02)	0.378		
Sex		0.154		
Female	1.00			
Male	1.34 (0.90-2.00)			
Fitzpatrick skin cancer		0.431		
I/II	1.00			
III/IV	1.41 (0.86-2.33)			
V/VI	1.37 (0.84-2.24)			
Unknown	1.65 (0.27-10.09)			
Anatomical location		0.670		
Plantar	1.00			
Palmar	0.52 (0.12-2.21)			
Subungual hand	0.77 (0.39-1.54)			
Subungual foot	0.75 (0.44-1.27)			
Unknown	1.73 (0.16-19.30)			
Breslow thickness (mm)	1.02 (1.01-1.03)	0.005	1.01 (1.01-1.02)	0.027
Ulceration		< 0.001		< 0.001
No	1.00		1.00	
Yes	5.32 (2.94-9.62)		4.06 (2.18-7.57)	
Unknown	1.74 (0.74-4.13)		1.13 (0.44-2.91)	
Mitosis		< 0.001		
No	1.00			
Yes	5.36 (2.35-12.22)			
Unknown	3.48 (1.49-8.15)			
Lymphovascular invasion		0.032		0.021
No	1.00		1.00	
Yes	2.10 (1.18-3.73)		2.12(1.12-4.00)	
Unknown	1.02 (0.66-1.60)		0.98(0.58-1.67)	
TIL		0.539		
No	1.00			
Brisk	1.46 (0.64-3.31)			
Non-brisk	0.46 (0.04-4.97)			
Unknown	1.59 (0.68-3.73)			
SLNB		0.029		
Negative	1.00			
Positive	1.98 (1.07-3.65)			

Captions: HR = hazard ratio; CI = confidence interval; TIL = tumour infiltrating lymphocyte; SLNB = sentinel lymph node biopsy.

50%^{29,30}. Due to limited awareness of melanoma, lesions are frequently misdiagnosed as benign, leading to delayed diagnoses.

Ulceration is recognized as a negative prognostic factor in melanoma^{31,32}, often used in conjunction with

tumor thickness to guide treatment decisions and predict outcomes. These factors are fundamental elements of the AJCC melanoma staging system¹⁸. Nevertheless, the precise prognostic significance of ulceration in AM remains a subject of debate. The presence of ulceration

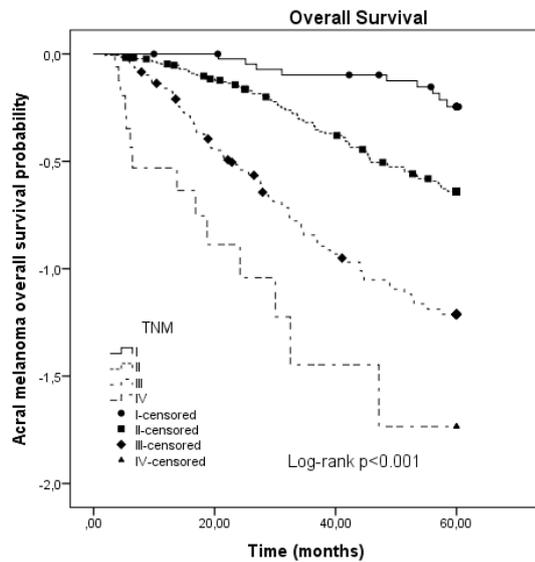


Figure 1. Kaplan-Meier overall survival curve for acral melanoma stratified by TNM, AJCC 2018, in patients diagnosed with acral melanoma, between 2001 and 2015 (N=394)

Source: adapted^{18,19}.

over a melanoma typically signifies a biologically more aggressive tumor, which correlates with an unfavorable prognosis²¹. The mechanism underlying ulceration, however, remains poorly understood. It is theorized that the necrosis of the epidermis may result from rapid tumor growth and the disruption of dermal vascular supply.

Nodal status, particularly that of the sentinel lymph node (SLN), has established itself as a significant prognostic factor for cutaneous melanomas³³⁻³⁵. Where increasing Breslow thickness, ulceration, and LVI proved to be significant factors influencing OS, univariate analysis revealed that SLN status was a predictive factor in AM patients who underwent SLN biopsy. While the study population did not reach a sufficient size to precisely match the incidence of SLN positivity based on clinical stage, there was a notably high rate of positive SLN (33.3%) observed in the entire cohort, consistent with findings of other studies³⁶.

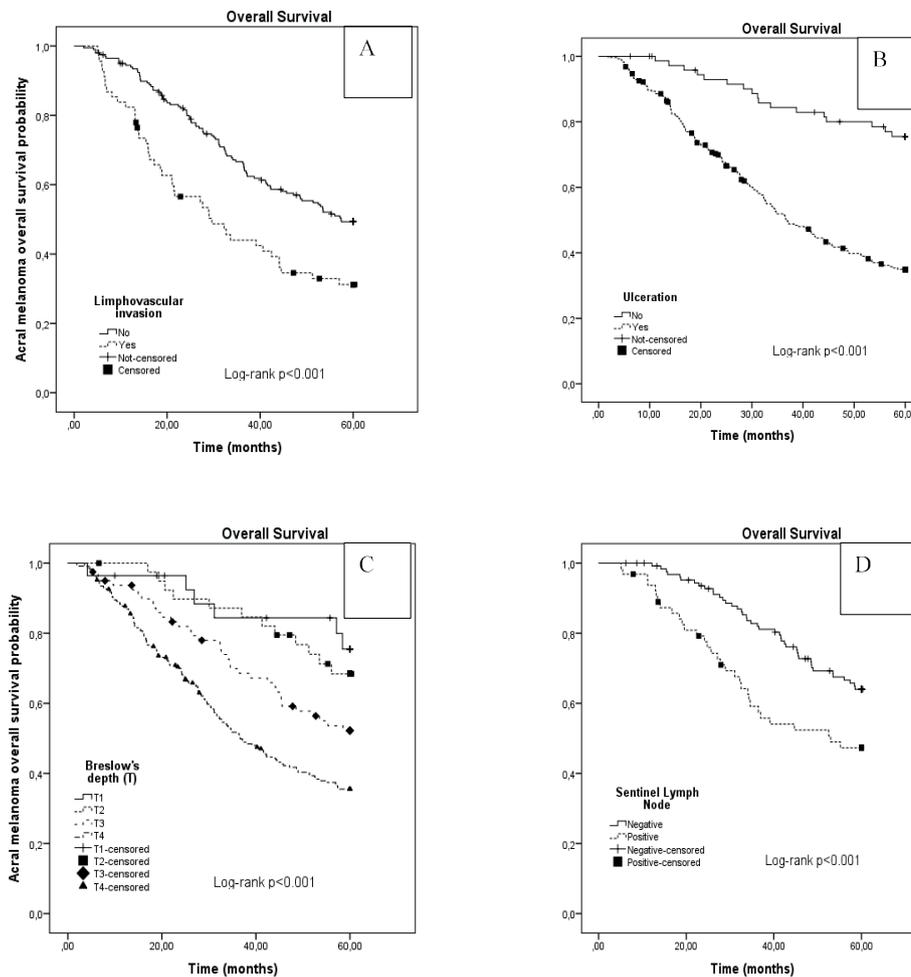


Figure 2. Kaplan-Meier overall survival curve for acral melanoma stratified by (A) Lymphovascular invasion, (B) Ulceration, (C) Breslow's depth (T) and (D) Sentinel lymph node in patients diagnosed with acral melanoma, between 2001 and 2015 (N=394)

Source: adapted^{18,19}.

Despite significant advances in treatments since 2011, the treatment protocol remained consistent over the study period. However, the impact of diagnosis year variability on prognosis through exploratory analysis was not explored in the current analysis. Future investigations should further examine this issue to gain insights into the temporal impact on prognostic outcomes.

AM is a rare condition, and despite the relative size of the series analyzed, both the complete AM cohort and its subpopulations are small, which restricts the statistical power of the analysis which is one of the several limitations of the present investigation. Furthermore, because the series is derived from a single institution, where patients were referred for surgical or systemic treatment, there might be inherent selection bias.

CONCLUSION

The findings highlight the poor prognosis of AM, emphasizing the need for further research and understanding of this rare and aggressive form of melanoma. Several independent risk factors for OS, including Breslow thickness, ulceration and LVI have been identified. These factors can aid in predicting the prognosis of AM patients and guide treatment decisions. The five-year survival rate for primary AM patients was determined to be 45.6%, underscoring the challenges faced in managing this disease. Further studies are warranted to validate these findings and explore potential therapeutic strategies to improve outcomes for individuals with AM.

CONTRIBUTIONS

Luiz Fernando Nunes contributed substantially to the study design, data analysis, and wording of the manuscript. Lívia Costa de Oliveira, Gécio Luiz Quintella Mendes and Luiz Claudio Santos Thuler contributed substantially to data interpretation and critical review. Alberto Julius Alves Wainstein contributed substantially to critical review. Anke Bergmann contributed substantially to the study design, data analysis and interpretation and wording of the manuscript. All the authors approved the final version to be published.

DECLARATION OF CONFLICT OF INTERESTS

The author Anke Bergmann who is the scientific-editor of INCA's Revista Brasileira de Cancerologia declares potential conflict of interests. The other authors have no conflict of interests to declare.

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